Spider Web

Purpose:
To allow participants to share their thoughts and build on others' ideas using a focused brainstorm session to gather consensus on a specific topic.
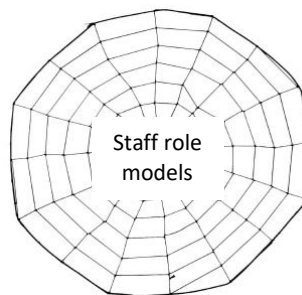
Materials:
Flip chart paper and markers.

Time for Process:
Approximately 30 minutes.

Pre-process Steps:
1. Make multiple webs with different topics in the center. On a flip chart page, draw a small octagon shape in the middle and write the topic for discussion in the middle of the octagon.
    a. Topics for discussion should be specific enough to focus conversations and allow for various views and ideas. For example:
        i. Rewarding students in classrooms
        ii. Staff as role models
        iii. Lead person for health and wellness activities
        iv. Inclusivity in physical activity
2. Draw a larger octagonal shape around the first one, and a connecting line between each point of the octagons to make it look like a spider web. Make sure the space between the first and second octagon is spacious enough row to write in. Draw enough rows so that groups can circulate to each web and add to the layer of discussion below others' comments.

3. If you would like to guide the brainstorming in a specific way, you can fill in the first row around a topic with specific ideas (e.g., if the topic is *staff as role models*, one row

around the topic could say *all staff should role model* so that participants will expand on that idea with their own thoughts).

Process:
1. Post several *webs of discussion* around the room, each with a different topic to address.
2. Break participants into small groups and ask each group start at a different web.
3. Ask groups to brainstorm and discuss any thoughts they have related to the topic in their web. Using the empty row closest to the center, ask the group to write down their ideas regarding that topic. Each new thought brainstormed about a topic is written in a new row closest to the center.
4. After 3 to 5 minutes, move the groups counterclockwise to the next web.
5. At the next web, groups should discuss the new topic and the ideas that the previous group contributed. The group will brainstorm, build off of the previous groups' ideas, and capture their own ideas in the row above the existing comment. Ensure groups are keeping the specific web topic in mind.
6. Continue rotating groups to ensure all participants visit all spider webs.

Next Steps:
1. Collect the responses and review. There may be some support for certain concepts or sometimes there is an obvious topic that needs to be discussed with the administration.
2. Record the topics of discussion from each web in a word document and circulate to all participants for further reflection. Key brainstormed ideas can be added to your school action plan or school wellness guidelines.