

# PROCESSES



## Positive/Delta

**Purpose:**

To collect, share, and celebrate positive activities and ideas that are working in the school community, and to brainstorm ideas and activities that could be introduced or changed.

**Materials:**

Flip chart paper and markers

**Time for Process:**

Approximately 20 minutes

**Process:**

1. Divide the participants into groups of 4 to 6.
2. Ask each group to create a t-chart on the flip chart paper. Have them draw a positive (+) symbol on the left side and delta ( $\Delta$ ) symbol on the right side.
3. Groups will brainstorm all of the positive things that are happening in the school community that contribute to comprehensive school health, and write them in the positive column.
4. Ask each group to share their top three celebrations
5. As a group, brainstorm all of the healthy school changes that the group would like to see in the school community and write them in the delta column.
6. Participants will rotate to the other groups' flip charts to see all of their positives and deltas.

**Next Steps:**

The dotmocracy process can be used to prioritize the desired changes that have been identified by the groups. The ideas brainstormed can be used to adjust or create a healthy school action plan.