

# PROCESSES



## Dot-mocracy

### Purpose:

To provide a framework for voting on ideas, activities, or best options with each participant having an equal voice. Participants can include staff, students, parents, or community members.

### Materials:

- Sticky Dots

### Time for Process:

- 5 to 15 minutes

### Pre-process Steps:

1. On the flip chart, list the ideas or activities that are to be voted on. Leave some room for the participants to add their dot votes.
  - ideas or activities can come from ones brainstormed for the action plan by the APPLE Core Committee or school health facilitator/champion, or generated from the Positive Delta process.
2. Separate dots into groups of 3 to 5, depending on the number of options to be voted on. If there are five or less options, give 3 dots per participant. If there are more than 5 options, give 5 or more dots.

### Process:

1. Give each participant the same number of dots
2. Explain that each dot represents one vote and that participants can put their dots on any of the listed ideas or activities to reflect how important they are based on school needs. Participants can choose to put as many dots on each item as they like, based on personal opinion based on how activities would contribute to reaching school goals.
3. Once all dots are placed on the ideas or activities, the ones with the most votes are determined to be most important.

### Next Steps:

- Use the group's input to prioritize ideas, activities, or best options when moving forward.
- Record the activities and ideas that were not chosen so that they could be considered at a later date.