



Holy Cross Académie Internationale

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SCHOOL OF
PUBLIC HEALTH
UNIVERSITY OF ALBERTA

menu



snack shack

Morning Recess

Vegetables

Basket	\$0.75
<i>Red pepper, mini cucumber, mini organic carrots, snap peas, grape tomatoes & ranch dip</i>	
Bugs Bunny	\$0.50
<i>Mini organic carrots & ranch dip</i>	

Fruits

Tropical Kabob (Pineapple & Orange)	\$0.75
Melon Kabob (Watermelon, Honeydew & Canteloupe)	\$0.75
Berry (Strawberries & Blackberries)	\$0.75
Vine (Red & Green Grapes)	\$0.75
Sun (Orange - It's on a stick!)	\$0.50
Exotic (Apple Pear)	\$1.00

Lunch

Turkey Wrap

100% whole wheat tortilla, turkey breast, lettuce, tomato, cheese	\$2.50
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Banana Wrap

Banana, almond butter, granola, yogurt, 100% whole wheat tortilla	\$0.75
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Lunch

Snacks

Marble cheese and crackers	\$0.75
Apple sauce cups	\$0.50
100% whole wheat bagel with jam	\$1.00
Cheese strings	\$0.50
Dried fruit stick	\$0.50
Yogurt tubes	\$0.50

Drinks

Bottled water	\$1.00
Milk (2% white or chocolate)	\$0.60
Yogurt drink	\$1.00
100% fruit juice	\$0.50

Frozen Treats

Smoothie Popsicles (100% juice, yogurt, frozen fruit, banana) • Raspberry, blackberry, and blueberry • Mango and peach	\$0.50
Applesauce Blend Popsicles (100% applesauce blends) • Blueberry and apple • Mango, peach, and apple • Just apples	\$0.50
Frozen Yogurt Tubes • Raspberry • Strawberry • Fruit punch • Cherry • Strawberry banana • Grape	\$0.50